

MARRIAGE ENRICHMENT RETREAT

Manage the mess so you can release the passion and

ENJOY the ADVENTURE!

Feb 8-10, 2019 ~ Epworth By The Sea

Friday, Feb. 8

4:00-6:00 p.m.

Registration / Check in

6:00 p.m.

DATE NIGHT!!!!!! (An exciting array of date night options will be provided for you and our spouse to customize your own enchanting evening of fun, relationship building and romance.)

Saturday, Feb. 9

6:00 a.m.

Off to the races (For those wanting to get their day off to a running start they can sign up at registration for one of the following runs: 1 mile, 5K or 10K)

7:00 a.m.

Yoga (For those desiring a more flexible start to their day or those needing a stretch following their run a fun beginner's yoga option is available.)

8:00 a.m.

Breakfast

9:00 a.m.

Manage the Mess: Select 1 of the following options:

1. Managing Marriage and Parenting
2. Managing Marriage and Work
3. Managing Marriage and Money

10:00 a.m.

Break

10:30 a.m.

Release the passion: Select 1 of the following options:

1. Secret Six Day Sex Saver Series
2. Crucial Conversations
3. Conflict Resolution

12:00 noon

Lunch

2:00 p.m.

Enjoy the Adventure (Experience the excitement of zip lining and relationship building with Adventure Ministries couples challenge course.)

5:00 pm

Dinner break

7:30 pm

Worship

Sunday, Feb 10

Enjoy a relaxing morning and a nice breakfast with your new found love and pick a worship service from any of the great churches in the area that you can simply attend and not have to be responsible for anything. It is good for the two of you to be able to sit together at worship.